

INFORMATION FOR STA-21 CONDITIONAL SELECTS and ALTERNATES

1. Introduction. The information contained on these pages is provided so that you will fully understand the opportunity available to you through the STA-21 program, and to inform you of the events which will transpire in the coming months. Your selection will remain conditional until all four conditions are met. Each selectee/alternate must:

- a. Condition 1: Complete a physical examination for commissioning and be certified as physically qualified by the Bureau of Medicine and Surgery (BUMED) for commissioning in the designator in which you were selected. All selectees/alternates will submit a commissioning physical via DOD safe to GRLK_STA21@us.navy.mil. NSTC STA21 will submit for BUMED approval. Nuclear Option selectees will perform a physical with an undersea medicine physician (UMO/UME). Nuclear Option physical's must be signed by a UMO/UME. In addition to submitting a physical to STA-21 for BUMED approval, Pilot and NFO selectees must have flight physicals uploaded directly into Aeromedical Electronic Resource Office (AERO) by a Flight Surgeon to be delivered to Naval Aerospace Medical Institute (NAMI) and to be certified as qualified by Naval Medicine Operation Training Center (NMOTC).
- b. Condition 2: Apply and be accepted at an available and approved NROTC affiliated college/university or approved cross-town college/university (see paragraph 5).
- c. Condition 3. Submit an **OFFICIAL** degree plan from the above college/university NROTC Unit that indicates you can graduate by the age limit of the designator in which selected and within 36 months. Your degree plan must be approved and signed by a university academic advisor or the NROTC STA-21 academic advisor at your desired NROTC Unit to be considered official. Degree plans should include what previously earned credits will be accepted towards your desired degree program. A sample degree plan is included in this package as Addendum I. Prior to commissioning, each selectee will be required to complete a total of eight Naval Science courses. Six of these will be taken at the Naval Science Institute (NSI) and the last two will be taken at the university. Additionally, two semesters of calculus and two semesters of calculus- based physics are required by all selectees (except Nurse Corps Option). Ensure two Naval Science courses, calculus, and calculus-based physics courses are included in your degree plan. You are required to carry a full academic load at all times unless otherwise authorized by the Professor of Naval Science (PNS). A full academic load is considered to be a minimum of 15 semester hours, or the quarter system equivalent, during regular sessions, and 6 semester hours, or the quarter system equivalent, during summer sessions.
- d. Condition 4: Submit HIV test results from a test taken on or after 1 January 2026.

2. Items Requiring Your Immediate Attention. You are to contact Commander, Naval Service Training Command (N92/STA-21) by email to GRLK_STA21@us.navy.mil with the following information as soon as possible. This information will not be accepted by phone!

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- i. Your duty station. Complete mailing address and UIC
- ii. Your telephone number/email address. Provide commercial and DSN work phone number and home/cell phone number. Provide personal/work email
- iii. Your physical status. Are you fit-for-full duty Y/N? Using Addendum III, provide PFA overall score
- iv. STA-21 eligibility. Do you still meet all STA-21 eligibility requirements?
- v. Name Changes
- vi. Eligible for promotion. Next eligibility date

3. Physical Examination. You must submit to NSTC/N92, through DOD safe, a complete physical examination for commissioning in the designator in which you were selected. Those chosen for the Core Option must meet commissioning standards for Unrestricted Line (URL). Once received by NSTC/N92, your physical examination will be forwarded to the Chief, Bureau of Medicine and Surgery (BUMED) for certification. **Do not have your MTF submit or mail your physical examination directly to BUMED.** ALL physical forms must be from an examination completed after 1 January of 2026.

- a. Aviation option selectees/alternates must submit TYPED physical DD FORM 2807-1, DD FORM 2808, SF 507, OPNAV Form 3710.37A, EKG Printout and HIV results from a test taken after 1 January 2026. Incomplete physicals will not be processed. Physical Forms can be downloaded from the STA-21 website. BUMED will notify NSTC/N92 that you are either qualified, “waiverable,” “disqualified,” or “pending” (pending requires additional information). If you receive notification that your physical status is “pending,” you and your command must take immediate action to furnish the requested information/documents. Keep in mind that your transfer orders will be held in abeyance until NSTC/N92 receives the “qualified” or “waiverable” stamp on your physical. Furthermore, no orders will be issued unless you have forwarded to NSTC/N92, HIV test results from a test taken after 1 January 2026. Ensure HIV test results (negative) are listed on your physical examination form. Drawn dates are not accepted.
- b. Nuclear option selectees/alternates must submit DD FORM 2807-1, DD FORM 2808, NAVMED 6470/13, EKG printout, chest x-ray, lab results to include HIV, Tuberculosis Exposure Risk Assessment NAVMED 6224/8 and Hepatitis results from a test taken after 1 January 2026 (note, these lab results may be part of the DD FORM 2808). All physicals must be processed and approved (signed) by a UMO/UME in order to be considered by BUMED. Incomplete physicals will not be processed. Physical forms can be downloaded from the STA-21 website. BUMED will notify NSTC/N92 that you are either qualified,” “waiverable,” “disqualified,” or “pending” (pending requires additional information). If you receive notification that your physical status is “pending” you and your command must take immediate action to furnish the requested information/documents. Keep in mind that your transfer orders will be held in abeyance until NSTC/N92 receives the “qualified” or

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“waiverable” stamp on your physical. Ensure HIV test results (NEGATIVE) are listed on your physical examination form. Drawn dates are not accepted.

4. Area of study. You are expected to complete baccalaureate degree requirements in a discipline that has direct application to the designator in which you have been selected. Although not required for all options, you are strongly encouraged to pursue a technical degree program. If you were selected for a specific Target Option, please note the specific degree requirements for your assigned option as delineated in OPNAVINST 1420.1 series or Program Authorization. Additionally, you must complete your degree within 36 months and within the age limit for your designator in which you have been selected. If you are unable to meet these requirements, you will be withdrawn from this program. Nuclear Option selectees must only apply for approved majors at specific universities (see Addendum IV). Nurse Options selectees must only apply for approved nursing programs at specific universities (see Addendum V).

5. NROTC Colleges and Universities. Assignments will be made by NSTC/N92 based primarily on the information that you provide in conditions (b) and (c) of paragraph one. Note that your preferred college and degree choices may require modification in order to meet those conditions (i.e., you may not get accepted at your number one choice school, different schools accept different credits, especially non-traditional credits, so you may have to attend a different school in order to complete your degree within time and age limits). Now is the time to ensure you are making the right decisions regarding degree and school choice. Changes in degree and/or college choices from what you originally submitted in your application packages are authorized and do not require prior approval. Changes after assignments have been made by NSTC/N92 (based on degree program and college acceptance information received) will require a written request for approval.

a. You must keep the 36-month time limit in mind. There is a difference between the number of credits the Admissions Office will accept in transfer and the number of credits that will transfer to your particular degree program. Many previous selectees in officer accession programs made that unfortunate discovery too late, particularly those desiring an Engineering degree. (Note: One officer candidate was told by Admissions they would accept 90 credits in transfer, but after reporting found that the School of Engineering would accept only 27 toward an Engineering degree. He was forced by time limitations to switch to a degree program that would accept more credits). Advise NSTC/N92 immediately if you have a problem in this area.

6. It is recommended that you contact the NROTC units of the universities to which you are applying. They can answer university specific questions and perhaps assist in the processing of your application through university admissions offices.

7. STA-21 officer candidates are not authorized to transfer between universities and colleges.

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6. Naval Science Institute (NSI). All STA-21 selectees will attend NSI at Officer Training Command Newport, RI for approximately 6 weeks. At NSI you will complete your freshman, sophomore and junior Naval Science courses. You will be required to complete the remaining two senior Naval Science leadership courses on campus as electives.
7. Physical Fitness. Once selected, while at NSI in Newport, and throughout your time with your NROTC unit, you will be required to maintain an overall PFA score of Good/Low or better. You must start “getting in shape” now. Upon reporting to NSI, you must be able to exceed the minimum program PRT standards. To graduate from NSI, you must obtain an overall PFA score of Good/Low or better. THIS IS IMPORTANT – START NOW!!
8. Your Service Record. Make sure your service record is complete and up to date prior to your transfer. Check items such as evaluations, entries for completed correspondence courses and requirements for advancement. As a STA-21 officer candidate, you will be eligible to participate in examinations for advancement in accordance with established procedures. Completion of the Navy Leadership Training Continuum Course (LTC) and Personal Advancement Requirements (PARs) should be completed before you transfer to NSI. Eligibility for longevity increases in pay still apply, as you do retain active duty status, however time in the STA-21 program does not count toward retirement eligibility.
9. Obligated Service. Prior to execution of orders to NSI, you must sign a 6-year active service obligation. You can do this by either extending or reenlisting, as necessary. DO NOT reenlist/extend prior to having PCS orders in hand. See paragraph 14 for information regarding Selective Reenlistment Bonuses (SRB). Upon commissioning, you are obligated to serve a minimum of 5 years active commissioned service dependent upon designator. NOTE: If you drop from the program, either at NSI or at the university, you will be made available for general reassignment for you remaining obligated enlisted service or 5 years, whichever is greater. A copy of reenlistment or extension with proof the documents were submitted in NSIPS **MUST** be submitted to NSTC at GRLK_STA21@US.NAVY.MIL as soon as possible after receipt of orders.
10. Reporting to the University or College. You should plan to report to your NROTC unit as soon as possible after the completion of NSI in order to get settled before class registration and enrollment begins.
11. Finances. As a STA-21 Office Candidate, you will continue to draw full pay and allowances, including BAH and BAS, for your current pay grade. Proficiency pay, flight pay, and submarine pay (even if submarine qualified) ceases upon transfer from your present command. Some special pays may continue for those individuals selected for and participating in the STA-21 Special Warfare (SEAL) or Explosive Ordnance Disposal (EOD) program, if specific program qualifications are maintained as directed by the officer community managers (N131H and N131X respectively). You will be well advised to have at least \$2000.00 when you arrive on the campus. You will probably find that living expenses are somewhat greater around the university than those in the vicinity of most military installations.

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12. Tuition, Books, and Fees. NSTC/N92 will provide up to \$10K per academic year to cover tuition, books and academic fees. Tuition and fees will be paid directly to the university using a STA-21 Tuition Authorization Form. You are authorized \$4K for the Fall and Spring semesters and \$2K for the summer semester. If you attend a school on academic quarters you are authorized \$2.5K per quarter. All textbooks must be purchased up front and you will receive an electronic funds transfer (EFT) for reimbursement. It is your responsibility to cover any additional expenses beyond the \$10K provided. Therefore, if your tuition and fees exceed the \$10K maximum, you will not be eligible for textbook reimbursement. (See Addendum II at the end of this package for information on financial assistance available to STA-21 officer candidates).

13. Selective Reenlistment Bonus (SRB).

- a. Members who reenlisted/executed an extension for SRB prior to applying for an officer procurement program requiring formal academic training, will have remaining installments suspended as of their class convening date.
- b. Members who are dropped from the program and return to enlisted status in the same bonus skill, will receive the remaining installments but at a rate reduced by the number of days spent in the program as described in Chapter 9 and paragraph 090202 of DODFMR, Volume 7A.
- c. Requests for advance or remaining amount payments are not authorized for members selected to participate in any officer commissioning program. Remaining SRB installments are forfeited for members appointed to commissioned officer status. Advance and remaining amount payments are discussed in paragraph 15 of OPNAVINST 1160.8A.
- d. Members who reenlist/extend to obtain sufficient OBLISREV for an officer program are not entitled to SRB.

14. SRB entitlement for eligible members, who reenlist/extend after applying for an officer program, will be suspended pending selection results. SRB is authorized for applicants who are either not selected, chosen as alternates, or withdraw their application for an officer program. SRB is not authorized for members selected for participation in an officer program. Military Status. Upon reporting to NSI, you will be in an officer candidate status and will be referred to as a STA-21 Officer Candidate. Your privileges and status as an officer candidate will be the same as NROTC or Naval Academy midshipmen and officer candidates at OCS.

15. Length of Instruction. OPNAVINST 1420.1 series prescribes a maximum of 36 months for completion of your requirements for a Bachelor's degree. This maximum period of study includes summer school sessions. There are no provisions or waivers for

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extending this period. You must plan your program accordingly. Though time in the STA-21 program will be used in counting for longevity pay, it does not count for retirement eligibility.

16. Your Commanding Officer. The “Professor of Naval Science” at the university will be your commanding officer. As such, he/she may require you to perform various military duties on a not-to-interfere basis with your academic responsibilities. Such duties will be identical to those that might be required of NROTC midshipmen, and are intended to increase your understanding and preparation to assume commissioned status.

17. Uniforms. STA-21 Officer Candidates are authorized to wear officer candidate uniforms. Officer candidate uniforms will be issued to you at NSI. Your commanding officer will prescribe uniform items required at the NROTC unit and will prescribe periods in which uniforms will be worn. Normally, uniforms are worn on campus one day per week; appropriate civilian clothing is usually authorized on other days.

18. Medical Care. If available, once at your NROTC unit, you will be expected to use the military treatment facilities. However, many of the universities are not located in proximity of military installations where you or your family members might receive outpatient care. While at your present duty station, review the rules and regulations concerning medical benefits; be sure you understand reimbursement provisions for civilian medical care of your family members, and ensure your Page 2 is up to date. It would be wise to set aside a bit of your budget at the university for medical expenses. Additionally, ensure that all your dental work is accomplished prior to departing from your present duty station.

DEGREE PLAN

Addendum I

Student Name: _____

College/University: _____

Degree Major: _____

Estimated Grad Date: _____

Suggested arrangement of courses to satisfy degree requirements within 36 month timeframe.

Semester: Summer	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Fall	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Spring	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Academic Counselor's Signature: _____ Date: _____

DEGREE PLAN

Student Name: _____

College/University: _____

Semester: Summer	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Fall	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Spring	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Academic Counselor's Signature: _____ Date: _____

DEGREE PLAN

Student Name: _____

College/University: _____

Semester: Summer	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Fall	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Semester: Spring	Year: 20
Course Title and #	# of Credit Hours
	Total Hours:

Academic Counselor's Signature: _____ Date: _____

DEGREE PLAN

Student Name: _____

College/University: _____

[illegible]

Total previously earned credit that can be applied to chosen major:	Total Hours:
Total credits STILL required to earn degree:	Total Hours:

Academic Counselor's Signature: _____ Date: _____

Addendum II

SCHOLARSHIPS/AID

There are a great variety of scholarships, grants, and loans available for college students. However, STA-21 participants are ineligible to use NROTC scholarships and Navy tuition assistance. However, in certain situations the G.I. Bill may be utilized. See your NROTC Advisor or the VA Rep on Campus for specific information. Information on Federal Student Financial Aid programs can be accessed at:

<http://www.ed.gov/students/landing.jhtml?src=pn> and <https://studentaid.ed.gov/sa/>. Additional information can be obtained from the Navy Marine Corps Relief Society website at: <http://www.nmcrrs.org/pages/education-loans-and-scholarships>.

GIBILL/VEAP/POST 9/11

Questions regarding use of these benefits should be directed to the Education support line at 1-888-442-4551 or the Benefits support line at 1-800-538-9552.

Addendum III

DATE: _____

MEMORANDUM

From: Command Fitness Leader

To: NSTC N92

Subj: PRIMS Data ICO _____
LAST, FIRST MI

Ref: (a) OPNAVINST 6110.1(series)

(b) NAVADMIN 040/22

(c) OPNAVINST 1420.1(series)

Cycle 2023-1:

Overall Score: _____

Very respectfully,

SIGNATURE

PRINTED NAME RANK TITLE

Addendum IV

For Sailors selected into the STA-21 Nuclear Option, there are currently only 23 schools they are eligible to attend. These schools are listed below.

Arizona State University
Auburn University
Iowa State University
North Carolina State University
Old Dominion University
Oregon State University
Pennsylvania State University
Purdue University
San Diego State
State University of New York, Maritime
The Citadel
University of Arizona
University of Idaho
University of Illinois
University of Kansas
University of Minnesota
University of Missouri
University of New Mexico
University of South Carolina
University of Texas
University of Utah
University of Washington
University of Wisconsin

Addendum V

For Sailors selected into the STA-21 Nurse Option, there are specific schools you are eligible to attend. These schools are listed below.

Alabama	Auburn University
California	University Of California, Los Angeles
California	University of California, Berkeley
Florida	Florida State University
Florida	Jacksonville University
Florida	University of North Florida
Florida	University of Florida
Hawaii	University of Hawaii at Manoa
Illinois	Loyola Univesity
Indiana	Purdue University
Louisiana	Southern University And A&M College
Louisiana	Dillard University
Maine	Husson University
Maine	University of Maine at Orono
Massachusetts	Boston College
Massachusetts	Northeastern University
Michigan	University Of Michigan
Minnesota	University Of Minnesota
Mississippi	University of Mississippi Medical Center, School of Nursing
New Jersey	Rutgers University
New York	Russell Sage College
New York	Molloy College
Ohio	Miami University
Pennsylvania	Pennsylvania State University
Pennsylvania	Duquesne University
Pennsylvania	University of Pittsburgh
Pennsylvania	Drexel University
Pennsylvania	Temple University
Pennsylvania	University of Pennsylvania
Pennsylvania	Villanova University
South Carolina	University Of South Carolina
Tennessee	Belmont University
Tennessee	University of Memphis, Loewenberg College of Nursing
Texas	University of Texas
Vermont	Norwich University
Virginia	University Of Virginia
Washington	Seattle University
Washington D.C.	Catholic University of America
Washington D.C.	Georgetown University
Washington D.C.	Howard University
Wisconsin	Marquette University